As an accomplished CW operator, I see no need to increase the CW speed for Extra Class operators to 13 wpm. Certainly operating at 5 wpm is minimally acceptable for efficient communication, however 5 wpm would still provide an entry point to attract operators to that mode and once they got on the air, their proficiency would increase to acceptable levels.

Morse code is still a useful mode of communication for emergency situations because of simple equipment configurations, weak signals, temporary antennas, etc. However digital modes such as PSK31 work with even weaker signals and provide a written record of the transmissions.